

# BANANA OAT PIKELETS

**1 egg**

**½ Cup wholemeal flour**

**½ Cup rolled oats**

**1 tsp baking powder**

**Milk (½-1 Cup)**

**1 banana mashed**

**Pinch of cinnamon or a few drops of vanilla essence**



Whisk egg.

Add sifted dry ingredients, mix.

Add ½ cup of milk, mix.

Add mashed banana and cinnamon or vanilla.

If needed add more milk if the batter is too dry.

Heat a pan with a small amount of butter.

Drop in spoonfuls of the batter. Cook until small bubbles pop on the surface, flip over and cook the other side.

*Source: [mykidslickthebowl.com](http://mykidslickthebowl.com)*